



Dr. Jaclyn A Klimczak, MD



Facial Plastic Surgery

Medications, Supplements and Vitamins to Avoid Before Surgery

Your safety in surgery requires that you disclose all medications, vitamins and supplements that you regularly take. In the 14 days prior to surgery, you will be required to stop taking certain medications, vitamins and supplements, both those you regularly take, and those that may be taken incidentally for pain or other symptoms.

Please notify Dr. Klimczak of any and all medications you take during the 14 days prior to surgery. If you have taken a medication that may put you at risk, it may require that your surgery be rescheduled, or postponed. This is for your safety.

Before you stop taking any prescription drugs, you must receive clearance from the prescribing physician. Please notify our office immediately if you do not receive clearance to stop taking your prescribed medications.

The following drugs could cause life-threatening problems with surgery. If you are on these, you must discuss this with the doctor. Patients who take these drugs may require laboratory tests and a consultation with their physician to determine when they may safely undergo a surgical procedure.

Warfarin (Coumadin)	Persantine	Elmiron-IC	Heparin
Clopidogrel (Plavix)	Rivaroxaban (Xarelto)	Dabigatran (Pradaxa)	Apixaban (Eliquis)
Edoxaban (Lixiana)	Methotrexate		



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NSAIDs

NSAIDs (non-steroidal anti-inflammatory drugs) are some of the most commonly used medications by adults. They reduce inflammation and pain, but they also have a blood thinning effect. Some of the most popular NSAIDs include ibuprofen products, Advil, Midol, Motrin, and Naproxen. Other NSAID medications you should avoid include:

Actron	Dimetapp Sinus	Medipren	Oxaprozin
Acular Eye Drops	Dolobid	Mefenamic Acid	Pamprin-IB
Addaprin	Dristan Sinus	Meloxicam	PediaProfen
Advil	Etodolac	Menadol	Piroxicam Capsules
Aleve	Feldene	Midol	Ponstel Capsules
Anaprox	Fenoprofen Tablets	Mobic	Profenal
Anaprox-DS	Flurbiprofen Tablets	Motrin	Relafen
Ansaid Tablets	Genpril	Motrin IB	Rhinex
Arthra-G	Haltran	Nabumetone	Rufin
Bayer Select Pain Formula	IBU	Nalfon	Saleto
Brufen	Ibuprofen	Naprelan	Sine Aid
Butazolidin	Indocin	Naprosyn	Suprofen Ophthalmic
C-Advil -Cold and Sinus	Indomethacin	Naproxen	Soma Compound
CataFlam Tablets	Ketoprofen	Novo-naproxen	Sulindac Tablets
Celebrex	Ketorolac	Nuprin	Tolectin Products
Clinoril	Lodine	Ocufen	Tolmetin
DayPro	Meclomen	Orudis	Trendar
Diclofenac	Meclofenamate Capsules	Oruvail Capsules	Vioxx
			Voltaren



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Medications, Supplements and Vitamins to Avoid Before Surgery Aspirin

Medications that contain aspirin should also be avoided before plastic surgery. Like NSAIDs, medications containing aspirin are quite popular, with Bayer, Alka-Seltzer, and Buffering products being some of the most common. Aspirin medications include:

Aspirin Medications to Avoid:

4-Way Cold Tabs	Carisoprodol Compound	Lanorinal	Pink Bismuth
5-Aminosalicylic Acid	Cataflam	Ibuprohm	Piroxicam
Acetilsalicylic Acid	Cheracol	Lodine	Propoxyphene Compound products
Actron	Choline Magnesium Trisalicylate	Lortab ASA	Robaxisal
Adprin-B products	Choline Salicylate	Magan	Rowasa
Aleve	Cope	Magnaprin products	Roxeprin
Alka-Seltzer products	Coricidin	Magnesium Salicylate	Saleto products
Amigesic Argesic-SA	Cortisone Medications	Magsal	Salflex
Anacin products	Damason-P	Marnal	Salicylate products
Anexsia w/Codeine	Darvon Compound-65	Marthritic	Salsalate
Arthra-G	Darvon/ASA	Mefenamic Acid	Salsitab
Arthriten products	Diclofenac	Meprobamate	Scot-Tussin Original 5-Action
Arthritis Foundation products	Dipenturn	Mesalamine	Sine-off
Arthritis Pain Formula	Disalcid	Methocarbarnol	Sinutab
Arthritis Strength BC Powder	Doan's products	Micrainin	Sodium Salicylate
Arthropan	Dolobid	Mobidin	Sodol Compound
ASA	Dristan	Mobigesic	Soma Compound
Asacol	Duragesic	Momentum	St. Joseph Aspirin
Ascriptin products	Easprin	Mono-Gesic	Sulfasalazine
Aspergum	Ecotrin products	Motrin products	Supac
Asprimox products	Empirin products	Naprelan	Suprax
Axotal	Equagesic	Naproxen	Synalgos-DC
Azdone	Etodolac	Night-Time Effervescent Cold	Talwin
Azulfidine products	Excedrin products	Norgesic products	Triaminicin
B-A-C	Fiorgen PF	Norwich products	Tricosal
Backache Maximum Strength Relief	Fiorinal products	Olsalazine	Trilisate
Bayer Products	Flurbiprofen	Orphengesic products	Tussanil DH
BC Powder	Gelpirin	Orudis products	Tussirex products
Bismatrol products	Genprin	Oxycodonc	Ursinus-Inlay
Buffered Aspirin	Gensan	Pabalate products	Vanquish
Bufferin products	Goody's Extra Strength	P-A-C	Wesprin
Buffetts 11	Headache Powders	Pain Reliever Tabs	Willow Bark products
Buffex	Halfprin products	Panasal	Zorprin
Butal/ASA/Caff	IBU	Pentasa	
Butalbital Compound	Indomethacin products	Pepto-Bismol	
Cama Arthritis Pain Reliever	Isollyl Improved	Percodan products	
	Kaodene	Phenaphen/Codeine #3	



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MEDICATIONS, VITAMINS AND SUPPLEMENTS TO AVOID BEFORE YOUR SURGERY

Tricyclic Antidepressants

Tricyclic antidepressants should be avoided before plastic surgery because they can increase blood pressure and interact with the medications used during surgery. Tricyclic antidepressants include:

Adapin	Doxepin	Maprotiline	Sinequan
Amitriptyline	Elavil	Norpramin	Surmontil
Amoxapine	Endep		Tofranil
Anafranil	Etrafon products	Nortriptyline	Triavil
Asendin	Imipramine	Pamelor	Trimipramine
Aventyl	Janimine	Pertofrane	Vivactil
Clomipramine	Limbitrol products	Protriptyline	
Desipramine	Ludomil		

Herbs/Vitamins

Certain herbs and vitamins cause the blood to thin, can interact with other medications, or anesthetic effects.

Some of the vitamins and herbs to avoid before plastic surgery include:

Ackee fruit	Devil's club	Goldenseal	Muwort
Alfalfa	Dong Quai root	Gotu Kola	Nem seed oil
Aloe	Echinacea	Grape seed	Onions
Argimony	Ephedra	Guarana	Papaya
Barley	Eucalyptus	Guayusa	Periwinkle
Bilberry	Fenugreek seeds	Hawthorn	Selenium
Bitter melon	Feverfew	Horse Chestnut	St. John's Wort
Burdock root	Fish Oil	Juniper	Valerian/Valerian Root
Carrot oil	Fo-ti	Kava Kava	"The natural Viagra®"
Cayenne	Garlic	Lavender	Vitamin E
Chamomile	Ginger	Lemon verbena	Vitamin K
Chromium	Gingko	Licorice root	Willow bark
Coriander	Gingko biloba	Ma Huang	Yellow root
Dandelion root	Ginseng	Melatonin	Yohimbe

Avoid ALL Diet Aids – Including Over-the-Counter & Herbal



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MEDICATIONS, VITAMINS AND SUPPLEMENTS TO AVOID BEFORE YOUR SURGERY

Authorization

I have disclosed all of the medications, supplements and herbal remedies I take on a regular or incidental basis to Dr. Jaclyn Klimczak, MD

I understand that I am required to refrain from taking any of the above and below listed medications in the 14 days prior to surgery. Should I take any of the medications, supplements or herbal remedies I am instructed to avoid, it is my obligation to notify Dr. Klimczak and/or her office. I fully understand that my surgery may have to be rescheduled or postponed in the event that I have not complied with these medication restrictions listed.

I also understand that it is my responsibility to obtain clearance from the prescribing physician before I stop taking any of my regularly prescribed medications.

I certify that I have been given a copy of these instructions

Patient name: _____

Relationship to patient: _____

Patient Signature: _____

Date: _____ **Time:** _____

Witness: _____

Date: _____ **Time:** _____